

Bulletin 1

TRAINING CAMP 7



Eight training sessions will be offered on WOC Training Camp 7. During the training camp, it will also be possible to take part in three competitions: Fynsk Sprint Cup and Danish Championships Sprint and Sprint Relay. All terrains will be relevant for WOC 2022. The participants will have the chance to experience the two new maps used for the WOC 2022 Selection Races.

Programme

Day	Date	Time	Exercise	Location / map	#	SI
Thu	2 June	10.00-12.00	Normal sprint courses	Ribe	1	
		13.00-16.00	Map reading exercise	Ribe	2	
Fri	3 June	10.00-12.00	KO Qualification training	Esbjerg	3	x
		tbd	KO mass start training QF, SF and F.	Esbjerg	4	x
Sat	4 June	12.00	Fynsk Sprint Cup, two stages	Ringe		x
Sun	5 June	12.00	Danish Sprint Championships, Sprint	Odense C		x
Mon	6 June	10.00	Danish Sprint Championships, Mixed Relay	Vollsmose, Odense		x
Tue	7 June	9.30-11.30	Route choice exercise, long courses	Vejen	5	
		15.00-17.00	Normal sprint courses	Christiansfeld	6	
Wed	8 June	10.00-12.00	KO Qualification training, forked	Kolding North	7	x
		17.00-20.00	KO mass start training QF, SF and F.	Haderslev	8	x

The programme will include a number of different sprint exercises, see programme above.

The training sessions will mainly be based on a "self service" principle. Maps will be handed out at the meeting point during a time interval assigned for the training. Courses and exercises are prepared by the organiser and controls flags will be in place in the terrains. Electronic punching will be used at some of the training sessions.

Detailed information about the individual training sessions will be published in Bulletin 2.



woc2022.dk
facebook.com/woc2022

WOC2022 Office
info@woc2022.dk



Information about the competitions



Saturday the 4th of June.

"Fynsk Sprint Cup" (FSC2022), is a one-day race with two stages. It takes place in Ringe (at the middle of Funen).

See homepage: <http://fynksprintcup.dk/>

Start time at 12.00.

Registration (non-Danish) at:

<http://www.orienteingonline.net> or by e-mail to: bjoern.rueloekke@gmail.com

Contact: Bent Mikkelsen, Faaborg OK, Bentmik63@gmail.com, +45 21 79 81 30

Sunday the 5th of June

The Danish Championship in Sprint will be held in the centre of Odense. Start time at 12.00.

See homepage: <https://odense-ok.dk/dm-sprint-2022/>

Entry through IOF Eventor: <https://eventor.orienteing.org/Events/Show/7319> or e-mail to ole.balslev@9net.dk

Event Office: Gerhard Elsborg Jensen, e-mail: gerhard.elsborg.jensen@gmail.com, Odense OK

Monday the 6th of June

The Danish Championship in Sprint Relay will be held in Vollsmose in the eastern part of Odense. Start time at 10.00.

See homepage: <https://odense-ok.dk/dm-sprint-2022/>

It is possible to participate with a mixed team in the main class or individually (open course).

Registration at Ole Balslev, e-mail: ole.balslev@9net.dk

Event Office: Carsten Djursaa, e-mail: formand@odense-ok.dk, tel: +45 24 25 64 30.

Accommodation

As official accommodation facility for the training camp, we offer Danhostel Kolding. Danhostel Kolding has 28 rooms of different sizes. Rooms can only be booked through the WOC Office.

Prices per room per night incl. breakfast

	Room per night - DKK
Single room	600
2-bed room	725
3-bed room	860
4-bed room	1000
6-bed room	1450

All rooms except a few have private bathrooms. For rooms with shared bathroom facilities, prices will be reduced. Find all details on the WOC2022 website.

Full board (breakfast, supper and DIY lunch box) is available upon order. Please consult the WOC Office for details.

Accommodation will be invoiced together with registration fees after the camp. Please note that bookings are *binding*. Until six weeks prior to the training camp, bookings may be

woc2022.dk
facebook.com/woc2022

WOC2022 Office
info@woc2022.dk



cancelled at an administration fee of DKK 150 per room. After this date, the full price will be charged.

Please find instructions on how to book on the [Training Camp 7 page](#). For general information about Danhostel Kolding, please visit www.danhostel.dk/hostel/danhostel-kolding.



Fees and registration

The price per training session is 40 DKK.

Registration must be sent to training@woc2022.dk. Deadline is 23 May. Registration is *binding* and will be invoiced immediately after the camp.

A registration template for the camp is available on the [Training Camp 6 page](#).

Further information will follow

More information about the formats and locations of the training sessions will follow in Bulletin 2 in approximately one week before the camp.

Location of training areas

All training areas are located less than 45 minutes' drive from the Triangle Region. The areas can be viewed on this [link to Google Maps](#).

Covid-19

The Covid-19 situation in Denmark is improving and there are no restrictions to daily life. Should the situation change and restrictions be imposed that affect the training camp, we are confident we shall be able to adapt to that.

Travel restrictions still exist for entering Denmark from some countries. It is the teams' own responsibility to seek information on the travel restrictions applicable when traveling into Denmark from different countries inside and outside the EU. Please visit the [Covid-19](#) page for relevant links.

We have gathered relevant information on [Covid-19](#) in Denmark on the frontpage of the WOC2022 website. We kindly ask you to visit this page for updated information and links to relevant authorities.

woc2022.dk
facebook.com/woc2022

WOC2022 Office
info@woc2022.dk

