

# IOF Family and Media Race Hotel Comwell

Wednesday 29th June 2022: **15.00 - 17.00**

Start and finish: Outside the Hotel Comwell (main entrance)

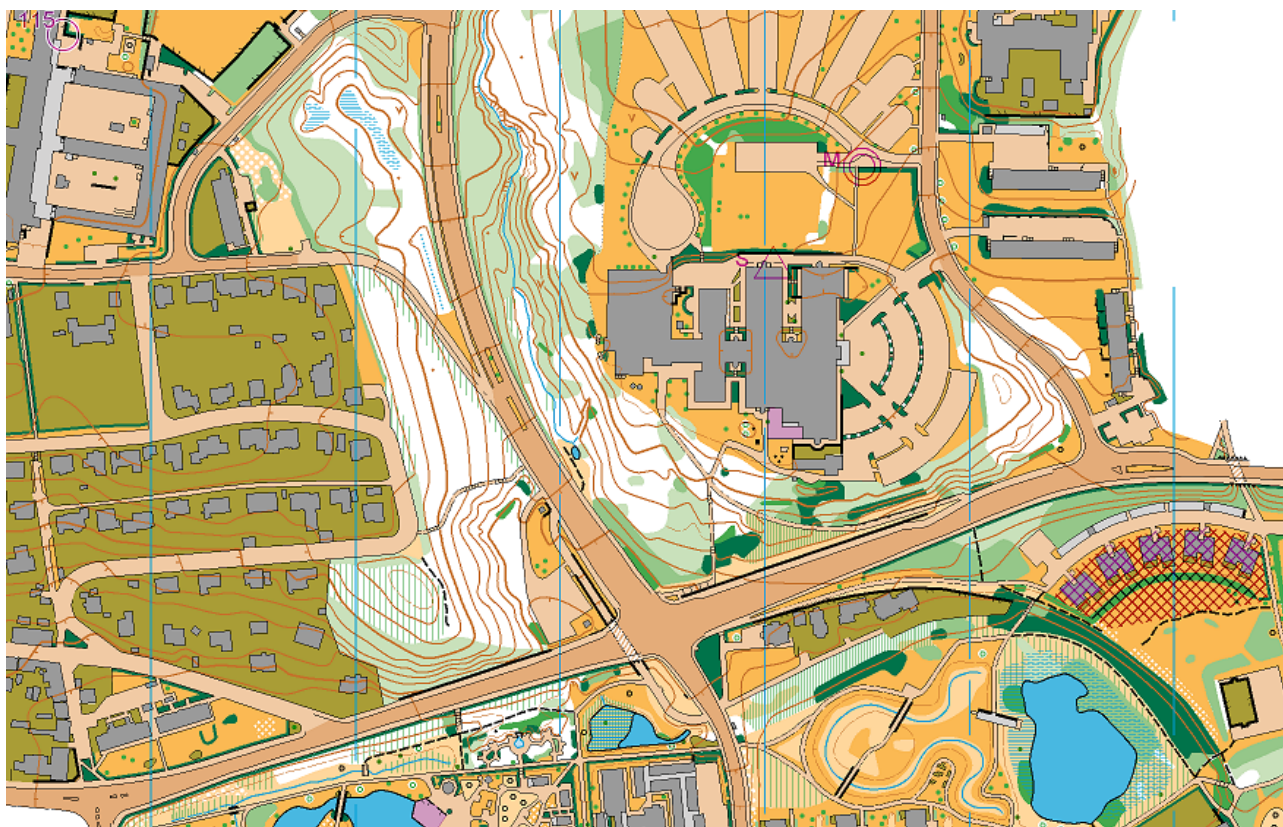
Punch system: Sport Ident (SI units are available at start)

Courses: Long sprint course: 4,6 km (26 controls)

Short sprint course: 2,3 km (14 controls)

Start: Between 15.00 and 17.00 (free start)

Price: Free



Registration: Registration list is available in the WOC secretariat at Comwell, during the Pre General Assembly, in Media rooms and other meetings rooms.